



Dear Parents/Guardians and Students:

Welcome to The Amazing Race: CALM Edition!

As your student works through this course, they will encounter many situations that will be applicable to REAL life! As they complete the tasks as outlined on the Google site, they will receive 3-credits towards their high school diploma. If they complete HCS3000 and CTR1010, as part of the CALM bundle, they will receive an additional 2 credits.

Students will need to check the Stream in the Google Classroom**AND** their Sturgeon Students email **every morning** for announcements, reminders, deadlines and other pertinent information. All work will be posted under the Classwork tab in the Google Classroom.

**Objective:** Complete assignments/tasks as outlined on the Google site and Google Classroom that address the following topics:

1. Personal Choices: students will apply an understanding of the emotional/psychological, intellectual, social, spiritual and physical dimension of health – and the dynamic interplay of these factors – in managing personal well-being
2. Resource Choices: students will make responsible decisions in the use of finances and other resources that reflect personal values and goals and demonstrate commitment to self and others
3. Career & Life Choices students will develop and apply processes for managing personal, lifelong career development
4. Relationships: students will examine various attitudes, values and behaviors for developing meaningful interpersonal relationships

OR

\*Human Sexuality: students will examine the relationship between commitment and intimacy in all its levels

\*Please note that a waiver needs to be submitted through the Google Classroom, indicating your student has consent to participate in Human Sexuality (Island B) – if they are not participating in this topic they are to complete Relationships (Island A). This form can be found under the heading “**Introduction**”: **1.1 Material & Assignment** or by clicking [here](#). (if you are viewing this as a Google Doc)

**Assessment:**

Assignments                    85%        (formative and summative assessments will be evaluate

Exit Interview                15%        (summative assessment addressing the entire course)

**Marks will only be posted in POWERSCHOOL**

**Completion of the course must happen January 19, 2024 - NO EXCEPTIONS**

**Schedule of Events:**

***\*\*Assignments WILL BE accepted early.***

UNIT	DUE DATE
Healthtown (Unit 1: Personal Choices)	<b>AS indicated in the classroom</b>
Financeville (Unit 2:Resource Choices)	
Career City (Unit 3: Career & Life Choices)	
Relationship Island (Unit 4: Relationships)	
Exit Here (Final Assessment: Exit Interview)	